

Dancing in Arcadia

Tuscany 24 -31 August 2019



Treat yourself to a week of Italian-style bliss in Volterra. Stefan & Bethan invite you to a residential centre with a purpose built dance space in a lovely locality. Organic vegetarian meals, and diets catered for. Outdoor eco pool, woodland and fields with panoramic vistas in all directions.

Programme includes coach trip to a nearby historic town with a traditional market, atmospheric narrow streets and medieval quarters.

The centre website (with photos) is www.mandalatrequerce.com The name means 'Mandala Three Oaks' Nearest airport is Pisa (40 miles).

"Mandala Tre Querce is wonderfully situated with amazing views of the beautiful Tuscan countryside. The dining room makes the most of these views, and relaxing on the terrace outside is the perfect spot to watch the sun set. People with special diets have said it was the best catering they have ever had. The stunning dance space is flooded with light from the windows all round and the hexagonal shape is fabulous for more expansive circle dances. The new accommodation buildings have been lovingly created out of the local stone with individual rooms crafted in the theme of the 4 elements - earth, air, fire and water. They are all worth a visit to see how beautifully and imaginatively this has been done." – Barbara Driscoll

"The setting is truly magnificent. Extensive grounds with beautiful views of the rolling countryside in every direction. The hall is purpose designed and one of the best spaces I have ever danced in without doubt. Dario, the centre designer and manager, is a terrific dancer and choreographer. At night the skies are so clear you can see fire flies and shooting stars." – Kay Barnes

The course, including all workshops and outings costs 360 Euros

Accommodation, all meals and full use of facilities costs

90 Euros per night for twin or double rooms

75 Euros per night for 3 and 4 bedded rooms

We filled up quickly last year so EARLY BOOKING IS RECOMMENDED

Further info from Stefan stefanandbethan@gmail.com

Bookings **from UK** with £100 deposit cheque to S and B Freedman, 87 Lacey St, Ipswich, IP4 2PH stefanandbethan@gmail.com

Bookings from **outside UK** with 100 Euros deposit to Dario Spagna mandala3querce@gmail.com

UNICREDIT : IBAN IT35K0200809423000060049060

If you book with Dario, please kindly let Stefan & Bethan know you're booking